

U.G. 4th Semester Examination - 2025**SANSKRIT****[HONOURS]****Skill Enhancement Course (SEC)****Course Code : SANH-SEC-T-02****[CBCS]**

Full Marks : 40

Time : 2 Hours

*The figures in the right-hand margin indicate marks.**Candidates are required to give their answers in their own words as far as practicable.*1. Answer any **five** of the following questions:

2×5=10

- a) Write the name of two schools of *Āyurveda*.
- b) What kind of food should be avoided in autumn (शरदि) to protect the body?
- c) Mention any two major difference between Northern Solstice (उत्तरायणम्) and Southern Solstice (दक्षिणायनम्).
- d) What kind of food is to be eaten in Spring Season?

[Turn Over]

e) How many chapters are there in the सूत्रस्थान of चरकसंहिता? What is the name of the sixth chapter?

f) When does a person become strong (उत्तमबलः)?

g) Mention the name of the author of the following texts:

गदविनिश्चयः, अष्टाङ्गसंग्रहः

h) How many methods of surgery are mentioned by सुश्रुत? What are they?

2. Answer any **four** of the following questions:

5×4=20

a) Explain with the context:

हेमन्त-शिशिरे तुल्ये शिशिरेऽल्पविशेषणम्।

रौक्ष्यमादानजं शीतं मेघमारुतवर्षजम्।।

b) Translate into Bengali or English:

शीते शीतानिलस्पर्शं संरुद्धो वलिनां वली।

पक्ता भवति हेमन्ते मात्राद्रव्यगुरुक्षमः।।

स यदा नेन्धनं युक्तं लभते देहजं तदा।

रसं हिनस्त्यतो वायुः शीतः शीते प्रकुप्यति।।

c) Describe the diet and regimen (आहारविहारौ) for Summer Season (ग्रीष्मर्तुः).

d) Describe the contribution of वाग्भट्ट in the field of Indian Medicine.

e) Write a short note on: नागार्जुनः।

f) What do you mean by आयुर्वेद? What is the utility of this?

g) How many *sthānas* are there in अष्टाङ्गसंग्रह? Write the contents mentioning their names.

3. Answer any **one** of the following questions:

10×1=10

a) How many *sthānas* are there in चरकसंहिता? Write the contents mentioning their names.

Mention major difference between आदानकालः and विसर्गकालः?

1+2+7

b) Why *Āyurveda* is called अष्टाङ्ग-आयुर्वेदः? Write the names of eight-fold *tantra*. Define thoroughly.

2+2+6

c) Which of seasons is called Northern Solstice (उत्तरायण) of Sun? Describe broadly the suitable diet and regimen (आहारविहारौ) for Northern Solstice of Sun.

3+7